E-MOTION PREVIEW REPORT

AI-Based Preventive Vocal Biomarker Service

NAME: Sample

DATE: 2023-07-14

MD MALAYSIA DIGITAL

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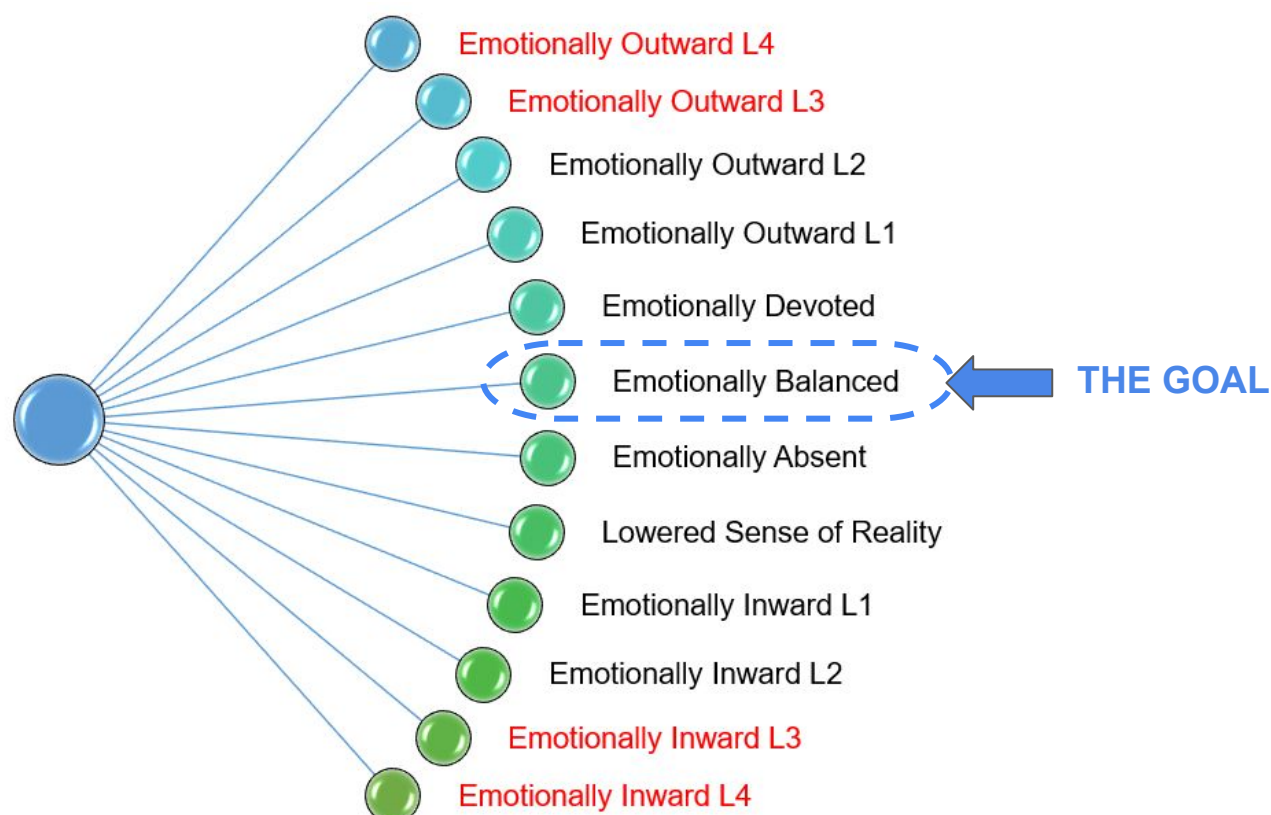
Personality & Emotional Expression

Here are the person's conscious personality traits, and also the sensory attributes of communication and learning.

The Perfectionist

People with this personality tend to be perfectionist, principled and detail-oriented. Thinking type of person absorbs information primarily by logical thinking

Feeling	Auditory
Sensory	
Visual	Thinking
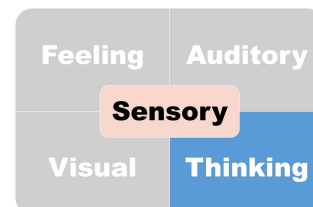
This shows whether a person expresses their true feelings, or talks more about superficial topics. It shows the person's common emotional states and behavior.

- Emotionally Outward L4
- Emotionally Outward L3
- Emotionally Outward L2
- Emotionally Outward L1
- Emotionally Devoted
- Emotionally Balanced ← THE GOAL
- Emotionally Absent
- Lowered Sense of Reality
- Emotionally Inward L1
- Emotionally Inward L2
- Emotionally Inward L3
- Emotionally Inward L4

Emotionally Balanced

- This person is in balance and can choose to express or not express his/her feelings at the appropriate time.
- This person is good at knowing when to show and when not to show his/her feelings.

Benefits of mastery:
1. Leverage your strengths and avoid weaknesses.
2. More effective in self-awareness.
3. Master your emotional roots.

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Emotional Processing and Stress

This shows how a person deals with emotions and stress, including stress index and sources, emotional processing patterns and its behavioral characteristics.

Over processing of emotional states

• This person is currently processing too much of the emotions absorbed by the right side of the brain. As a result, he/she tends to get caught up in the emotions he/she feels and may overthink things.
• His/her has a high score of left brain hemisphere, which means that he/she is inclined towards the rational mode
• Anxiety or depression can occur because this person thinks too much about his/her emotions.
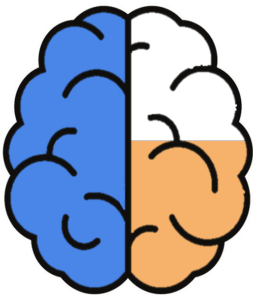
L   R
914   526

• R is the right brain (emotional), which absorbs the emotions.
• L is the left brain (logic), which processed the emotions

Benefit of mastery in emotional processing:
1. Can effectively perceive, manage or process the emotions to bring you into a state of balance.
2. Can clearly identify and adjust the underlying emotional problems, no longer trapped in emotions.
3. Be aware of and use the brain's logical thinking and emotional capacity, and improve the ability to deal with people.

18.1

High Stress	Logical Stress	Cumulative Stress	Emotional Stress	High Stress	Very High Stress
0 - 1	1 - 6	6 - 16	16 - 25	25 - 40	> 40

Emotional stress

- Most stress is related to relationships.
- A person handle stress emotionally
- Stress in communication or relationship interaction.
- Often too emotional.
- >26% indicates high emotional stress
- 15.5% tend to be emotional stress and cumulative stress.

Benefit of mastery in stress：
1. Recognize and manage your stressors more effectively, and dance with them.
2. Improve your ability to deal with people by improving your ability to cope with stress.
3. Make use of stress and turn it into your motivation.

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Key Emotions

These show the person's key emotions, which are frequent and core emotions, that constantly trouble or affect the person.

Frequent emotion is the emotion most frequently measured during the analysis. It tends to change as circumstances change.
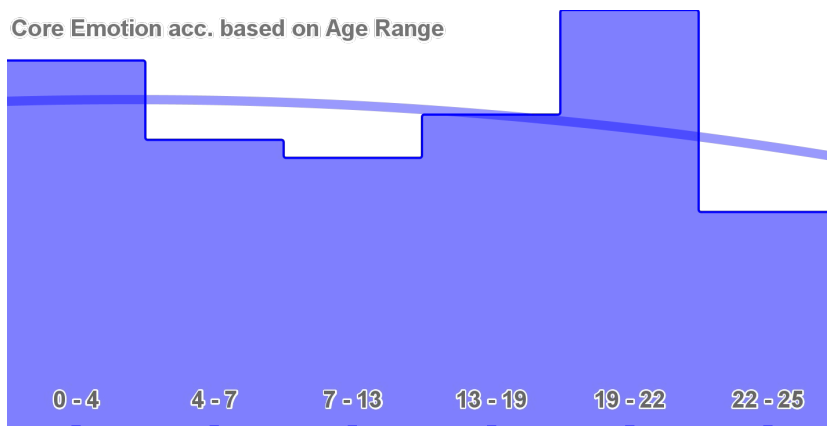
• Theatrical, exaggerating.>
Sometimes difficulty with putting things in perspective.

Core emotion had the highest number of triggers during the measurement. It has been accumulated through time since childhood.

• Impatient and perhaps somewhat chaotic.

Core Emotion acc. based on Age Range

| 0 - 4 | 4 - 7 | 7 - 13 | 13 - 19 | 19 - 22 | 22 - 25 |

Uncover Your Emotional Timeline - Which Key Incidents Shaped You?

Benefits of mastery :
1. By understanding frequent and core emotion, you can better manage and harness your emotional states.

*Recommended to explore Emotion Sandbox Coaching,
which is helpful in overcoming the emotions that are holding you back.

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Background of the Technology

The vision of Voice For Health is to bring the awareness and convenience of Vocal Biomarker technology to the world through our associates.

Voice For Health offers an innovative online software solution that measures patterns in voice and brain frequencies, and translates these into various degrees of emotional well-being and physical health. The core technology was developed in Netherlands based on studies in Physics, Quantum Physics, Biochemistry, Epigenetics, Psychology and other research fields from different universities all around the world. Using AI and Big Data technology, the software is able to connect vocal vibrations and brain waves to emotions. The system identifies and determines the underlying emotional and physical states by relating vocal input to the algorithms of specific processes in different parts of the brain.

Resource on Research

Voice for Health:The Use of Vocal Biomarkers from Research to Clinical Practice

Abstract : Diseases can affect organs such as the heart, lungs, brain, muscles, or vocal folds, which can then alter an individual's voice. Therefore, voice analysis using artificial intelligence opens new opportunities for healthcare. From using vocal biomarkers for diagnosis, risk prediction, and remote monitoring of various clinical outcomes and symptoms, we offer in this review an overview of the various applications of voice for health-related purposes. We discuss the potential of this rapidly evolving environment from a research, patient, and clinical perspective. We also discuss the key challenges to overcome in the near future for a substantial and efficient use of voice in healthcare.

Link : https://www.karger.com/Article/FullText/515346

Service Roadmap: Guided Journey through Voice For Health

E-Motion Report — 5 pg

Voice For Health Report — 15 pg

Emotion Sandbox Coaching

Mental Fitness Solutions

Ai Enabler Training

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